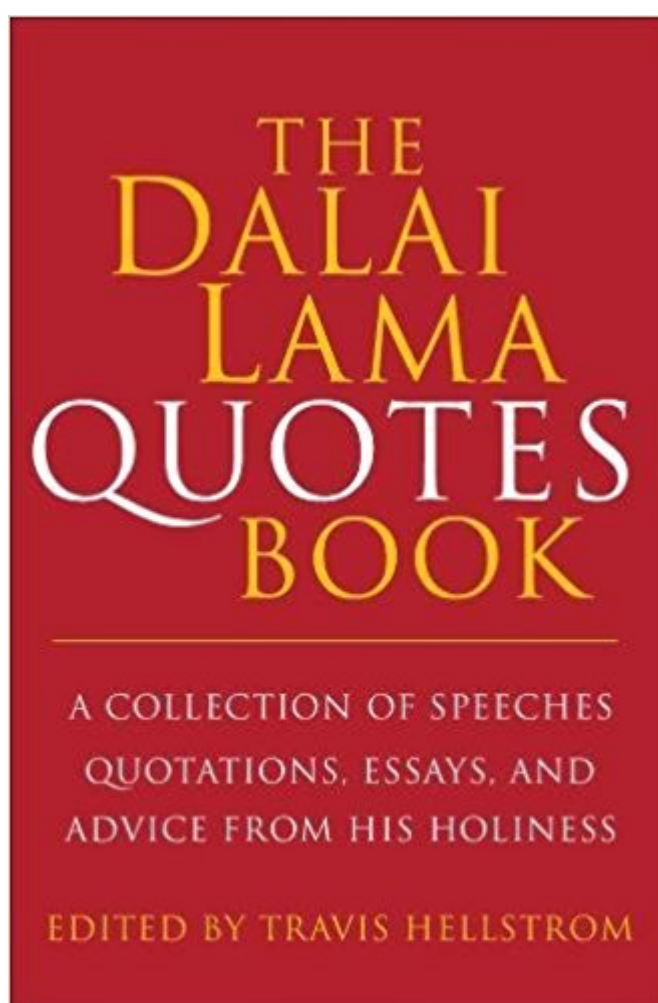


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The Dalai Lama Book Of Quotes: A Collection Of Speeches, Quotations, Essays And Advice From His Holiness (Little Book. Big Idea.)



Synopsis

“The need for love lies at the very foundation of human existence.” XIV Dalai Lama The words of the Dalai Lama resonate within each of us, empowered as they are by centuries of experience and a passionate, enduring spirit for peace on Earth. Tenzin Gyatso, the current and XIV Dalai Lama, has continued this grand legacy, traveling the world while spreading his personal doctrine of compassion and true understanding. And with each year that passes, more and more people come to know the Lama, and seek his wisdom on a breadth of topics, from world peace to a life well-lived. Presented in an elegant, attractive format, The Dalai Lama Book of Quotes collects the very best of the Lama’s sage wisdom, assembled from quotes, articles, speeches, and written works directly attributed to His Holiness. Organized into universal themes that everyone can relate to, The Dalai Lama Book of Quotes touches on themes ranging from love, to spirituality, to happiness and humanity. This inspirational book makes a wonderful gift for anyone seeking greater personal well-being and a life informed by compassion and faith. Each thought from the Lama is sure to inspire and invigorate you throughout your day, as your eyes are opened to a more beautiful way of looking at the world. Simple and accessible for all ages, this inspirational title makes a great gift for anyone seeking to incorporate the wisdom of the ages and a love that transcends lifetimes into their daily life.

Book Information

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Customer Reviews

His Holiness the Fourteenth Dalai Lama, Tenzin Gyatso, was born in 1935 to a peasant family in

northeastern Tibet and was recognized at the age of two as the reincarnation of his predecessor, the Thirteenth Dalai Lama. The world's foremost Buddhist leader, he travels extensively, speaking eloquently in favor of ecumenical understanding, kindness and compassion, respect for the environment, and, above all, world peace. Travis Hellstrom is an optimist, author and professor. After graduating from college, he was a Peace Corps Volunteer in Mongolia from 2008 to 2011, where he worked with local hospitals and clinics in the eastern steppe of Mongolia to help doctors, nurses and residents improve the overall health in the community. He is a graduate of SIT Graduate Institute and currently Chair of the School of Management at Marlboro Graduate School. Travis currently travels between Mongolia and the United States with his wife Tunga. You can find more at travishellstrom.com.

This is an inspiring, well-chosen collection of the Dalai's quotes. Will read it again and again.

Inspiring...Centering...Compassionate...

I was expecting more, but I did get enough good quotes for my purpose. There seemed to be a lot of repetition. I think the author could have done better.

A well-curated book that is inspiring, thought-provoking, and enriching. I found myself marking page after page of quotations that I'll want to return to for future contemplation and use. Having all of this wisdom in one book is a true treasure.

A wonderful compilation of quotes! There is beauty and inspiration all throughout this book.
Recommend 100%

This book contains more wisdom and inspiration than I have ever seen in one place - truly a treasure!

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